Bandersnatch is a student run newspaper at John Abbott College. It is published biweekly and is partially funded by the Student Activities Committee and by advertising solicited customers. Submissions are welcome and become property of Bandersnatch. Submissions must be sent via MIO through John Abbott College's Omnivox to the respective editors, and must be in Microsoft Word Document format (.doc). All submissions must include the full name of the contributor, as well as the e-mail address if applicable. Bandersnatch reserves the right to reject submissions or to edit any submissions for length, legality, or clarity. Submissions should be a minimum of 250 words and a maximum of 500 words. Articles lower or above these parameters may be printed at the discretion of the executives. If you should have any questions or concerns, please contact us at our e-mail indicated above or visit us at the Bandersnatch office, located in the basement of Herzberg, room H-016 (Located in the locale H-049, across from the Oval Cafe).

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HALLOWEEN AT JAC - CLUB ACTIVITIES

Vanessa Marion
Editor-in-Chief

Do you love Halloween? On Friday, October 29th, a variety of John Abbott clubs will be hosting several spooky, Halloween-themed activities!

There will be many activities featured at the college, all hosted by student-run clubs! Come explore the terrifying haunted house hosted by

[Image: Image Courtesy of K-POP club]

Queer Hub, play some trivia with the Law & Debate Club, sing some Karaoke with the K-POP club, or carve a scary pumpkin!

Perhaps you are into spooky carnivals with classic games. The event will feature fun activities tailored to everyone's taste! With so much to do, there won't be a dull moment on campus.

Why should you make time in your day to come? Well, as the event is held two days before Halloween, consider this a prelude to Halloween to invigorate your spooky spirit! Plus you get to keep your Halloween night to do any spooky things you'd like. I mean, it's a win-win! Who doesn't want to watch scary movies, buy goodies from the bake sale, and hang with friends?

As Halloween last year was almost non-existent, I suggest we take advantage of this opportunity to have a fun, spooky time together, as a community!

[Image: Image Courtesy of Anime Club]

A WEEKEND TO REMEMBER

Elizabeth Tulli
Student Life Editor

Welcome back from your four-day weekend, fellow students! I don't know about you, but I think everyone needed a few days off. After mid-semester exams and assignments, a mini vacation sounds quite appealing. Many of us perhaps caught up on schoolwork, met up with friends, celebrated Thanksgiving, or cleaned our rooms. The point is that it doesn't matter how you spent your time as long as it gave you a little joy.

My weekend was both busy and relaxing. Like most students, I have a part-time job, which means I have to dedicate time for work and school. A daily weekend schedule for us employed students is precisely this: a long shift during the day and then coming home with assignments waiting for you. Isn't that lovely? Well, that's how most of my days went. Although, I'll be honest here, I took it easy sometimes. When I say "easy", I mean that I made sure to rest for an hour or two before tackling an assignment. It may be considered indirect procrastination, but congregating some time for your mental health is equally as important!

Regarding mental health, who else slept in without the fear of missing a class? Sleep was also a positive aspect from my hectic weekend. I couldn't recall the last time I didn't wake up to an alarm and snuggled under my blanket. Nothing beats being wrapped in a cozy blanket on a fall morning.

Hopefully, everyone had a well-spent weekend. It's time to work now!

SUJAC UPDATE

Hi JAC!

Do you know there's a group of student representatives called 'Congress' who meet on campus every Monday to discuss student affairs and make decisions on your behalf, such as recently, with regards to SUJAC Priorities. Congress got into Break-out groups and looked at the 3 major SUJAC Priorities of Sustainability, Mental Health, and Diversity/Inclusion. The ideas that arose from these discussions were recorded and will be more thoroughly reviewed and put into action.

Halloween is coming up, so get ready for Friday, October 29, to wear your costume for the two costume photo contests taking place during the day, a Haunted House, a Movie, pumpkin-carving and more fun activities.

Thursday, November 4, from 10:30 to 11:30 am in the Memorial Field there will be a special Remembrance Day ceremony to commemorate all the people who lost their lives during the Wars. Our own SUJAC President Ivana Riveros Arteaga, along with other leaders, will introduce some incredible Veterans who will be present at the event. This is a really moving ceremony that you won't want to miss. It's a 'Pittance of Time' in our lives to share this memorial occasion together. Note: Dress Warmly!

Keep an eye on SUJAC @instasujac and our other social media for more details.

Drop by Penfield-101 anytime to meet your SUJAC Executives and if you have any questions, concerns, or ideas.

Your SUJAC Executive Team 2021-2022:
- President Ivana Riveros Arteaga
- VP Internal Deidra Lauzon
- VP Academic Gracie Diabo
- VP Finance Richie Tan
- VP External Sabrina Goriani
- VP Communications Dante Meldrum
LEBANON’S CURRENT ECONOMIC STATE
Audrey Tougas
Contributor

In 2020, the port of Beirut exploded, killing over 200 people and damaging millions of dollars worth of infrastructure. Lebanon, a country highly dependent on imports, such as fuel, food, and medication, is still dealing with the aftermath of the incident, as well as COVID-19. Before any of this happened, Lebanon had already been suffering from a dire economic crisis.

Since 2019, the value of the lira, Lebanon’s currency, has gone down by 90%, and food prices have soared 400% higher. This has led many individuals to change their diets and to ration their foods.

Subsidised medications and drugs have been running low, preventing many from getting necessary treatments.

The lack of fuel has led many people to endure electrical shortages, where even in some hospitals, simple things such as lights and air conditioning are unavailable, as the diesel is being saved for the equipment.

Over 50% of Lebanon’s population is under the poverty line, and the government hasn’t been capable of providing any long-term solutions.

But how did Lebanon’s economy come to this?

Between 1975 and 1990, a civil war between Muslim and Christian sects took place in Lebanon. Syria and Israel attempted to invade the already-broken country, creating a larger tide of destruction. By the end of the conflict, Lebanon was suffering from the cost of war, and a new government was formed.

The once-rich, flourishing country of Lebanon now needed help from exterior forces to get back on its feet.

Gulf states started to give Lebanon remittances and members of the Lebanese diasporas also contributed to helping the country restate itself. Unfortunately, foreign countries eventually stopped offering financial help, as Lebanon was facing great political instability.

Corruption has been the leading cause for poverty across the nation, as the government has been withholding money through taxes, originally for social services, for their personal gain.

Money theft isn’t solely done through taxes; banks have been taking advantage of their clients. Banks in Lebanon had started a Ponzi scheme, where they would set very high interest rates to attract clients from within and across the borders. As Lebanon’s neighbor Syria collapsed due to their civil war, and as Prime Minister Hariri placed his resignation, investors started to pull out from Lebanese banks. Without enough money coming in, banks were forced to freeze accounts. Today, banks don’t let people withdraw more than 200 lira every two weeks.

The black market has also contributed greatly to this economic crisis. Cartels have been hoarding supplies, waiting for the opportune moment to feed off the Lebanese population. In addition, they have also been selling the supplies to Syria for a higher price.

Some Lebanese are leaving the country, either to rebuild their lives elsewhere or to seek asylum. Still some stay, by choice or due to other economic and social factors. Those who stay are fighting, protesting for a new government, for a better country and a more sustainable life.

LEBANON ON EDGE
Lara Fakhoury
Staff Writer

Once known as the “Paris of the Middle East”, now at war with itself, the capital city of Lebanon has become a plain field of civil unrest. A protest broke out on October 15th, seven people were killed and over a dozen injured. The protest was raised due to the belief that the government is tampering with the investigation of the port explosion that happened last year. The blast destroyed Beirut’s most important port, killed over 200 civilians, and caused irreversible damage to infrastructures and Lebanon’s economy.

As of lately, the UN estimated that 75% of Lebanon’s population is living under the poverty line and 36% are living in extreme poverty. Supplies of food and medicine are short, available electricity is sparse, and the inflation rate of the currency has only gotten worse. The World Bank calls Lebanon’s state “The worst crisis in 150 years.” The system that Lebanon implemented in the early 1990s was made to benefit the few by stealing from the many.

ONTOARIO REVISITS UNMARKED GRAVES
Tina Aghdam
News Editor

Due to Ontario’s policies, human remains dating over 50 years are not investigated upon retrieval, and directly passed on to the registrar. Ontario’s chief coroner is re-evaluating these regulations, recognizing that this may limit the findings of remains of former residential school victims. Cases dating back to the 1980s will now be open for investigation. However, this may leave many cases dating earlier unresolved.

This decision comes after the uncovering of hundreds of unmarked gravesites in British Columbia and Saskatchewan in May of last year, raising questions on the government’s response to this event. This means that searches will take place in areas where residential schools were operating in order to uncover the graves of as many victims as they can find. The Province of Ontario’s Assistant Deputy Attorney General for Aboriginal Justice, Kimberly Murray, recognizes that whilst these investigations are taking place, it is important to keep in mind the reality behind the findings to avoid describing them as a simple historical event, considering the impact it had on the lives of Indigenous communities. She also suggests modifying laws at the provincial or federal level in order to ensure the recognition of these events by preserving the institutions behind them.

Many are urging the government to look into the cause of death of these victims in order to pay tribute to the survivors and victims of these schools, and they demand transparancy in the disclosure of reports of the discovered remains.
I’M MERE MORTAL

Angelic Grondin-Lumba
Staff Writer

By chance, I’ve journeyed to your shores, what a sight to see! Beauty of the myths, strike me with your shining glory, Like discovering how to breathe, lungs filled with the scent of powerful oak trees. Who am I to be in the presence of a god? Your eminence towering before me.

A vacant and ancient home, crisp like the Parthenon; Columns of cool marble skin, aching for the warmth of dawn, Golden scars and blemishes, riddles of curious phenomenon. Your silky voice boomed, the wind carrying the echoes of your exotic lexicon;

“In a bustling world brimming with evil, visualize a prophecy of our love foretold by angels.
Our unity bringing forth great change, good or bad, for change is painful.
My proposal to you, not of marriage, but of the tragedies we’ll face, a life absent of anything gainful.
I can only offer my place at your side, through all times of agony and suffering I will remain faithful.”

From the heavens to the River Styx, where does my heart reside?
Will I live on in your immortal memory, even long after I’ve died?
Is this true? Is this reality? Or simply mischievous selfish pride?
Is it up to the Fates? Or are do true abilities lie what I decide?

With eyes made of Poseidon’s deadliest waves, their icy graceful glare. Crashing tridents pierce the air the longer I stare, Into them, into the ocean, I drown in my savoring despair.

Gentle body of water surrounding, trembling earthquakes leave my soul bare.

Cursed vulnerability weeping like willows, stripping my fibrous doubt.
Trapped in prepossessing essence, succumb to mandragora sprout. Lurking hydras overflowing with mania, venomous looming clouds, Raining elixir’s romantic trance, creating illusions of reason, too many to count.

Giving into your sweet lips, tasting the sacred wine made from Dionysus’ grape vines. Drunk hearts dancing in rhymes, souls singing like wind chimes, Sins and forbidden lustful crimes, whispering honey and hymns.

Giving into temptation I’m mere a mortal, but my love, everlasting and divine.

I’VE BEEN TIRED

Sophia Jeronic
Assistant Editor-in-Chief

I’m tired

Those are the words that have been continuously echoing in my mind for some time. I have desperately yearned to erase every single goodbye, Every single plea, gasp, cry, Every single rising sun, beaming moon, and shimmering star.

There is nothing left for me to say. My mind constantly feels like I am on display.

I am entertainment for others’ troubled souls.
I am the shovel they use to dig their holes.

I am an amateur’s work of art: a masterpiece at which people gawk after learning more about the sight they initially admired.

And I’m tired.

Everyone I have ever wanted to express tumbles out
On account of you expressing genuine concern.

When will I learn?

Please, forgive me; it has been quite some time.

Crystal waterfalls gently trickle down your fingertips as you press your skin against my face. I emerge from the darkness and inhale profoundly.

At last, I have some sense of clarity, A balance for my coins, obtaining some parity. A winged mind, freeing itself from tangles and torments. Tomorrow’s tears on tattered teeter-totters Won’t seem so bad. If this is all I had. I would still be grateful for the undesired

Even if I am quite tired.
**THE CITY**

Elizabeth Tulli  
Student Life Editor

When the chirping of the morning birds carried through wind whistling in sweet silence together as light shines over the sleeping city when dusk then turns into dawn

The clammer of cars and walking pedestrians who fill vacant streets now bustling with endless noises pulsing in the air again and again life is sprung on every corner of the city

But nothing last for a plain and simple day the clouds grow menacingly more grey rumbling as they do hovering over tall skyscrapers that shoot up gust of whirling wind swooshing in lapping circles signaling a storm is brewing slowly soon and city noises are muffled by clapping thunder

Then rain comes crashing down without mercy drip drip drop puddles pool on streets and people prowl to find shelter in a middle of a maze of water that engulfs everything in sight leaving nothing left to be dry in the buzz of another day.

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**THE MASK**

Cierra Monaco  
Staff Writer

Everyone has a mask. On some, you can see right through it. On others, it seems so real. Like it could have fused itself to their face. That’s the first layer of the mask. The layer that they show to the world. It’s who they want to be seen as. It’s the pretty top layer.

Then there’s the second layer of the mask. The layer that people only let themselves see. It contains their deepest, darkest secrets. Their biggest fears. Their first true love. This is the cluttered layer. The layer that you can get lost in if you’re not careful.

Finally, there is what is called the center. This is what is underneath the mask. This isn’t even a layer. It is the deepest, most mysterious part of a person. It contains things that people won’t even admit to themselves. The center is full of things that are too much for the person. Things that would cause a sort of shut down. The center is completely and intentionally chaotic. The person themself can become lost in seconds there.

Every person consists of such layering. It is the natural setup of ourselves and our interpersonal lives. It may not be easy to spot a mask. Some are professionals at wearing them. However, if you look closely, you begin to see the cracks.

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**STOP POKING ME**

Logan Macdonald  
Procrastinator Editor

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SO BAD THEY’RE SO GOOD

Emma Doyle
Entertainment Editor

Otherwise titled: “Greatest Comedies of the Last Twenty Years, According to Emma Doyle.” You’re welcome.


2. Twilight: Breaking Dawn Part 2. For obvious reasons. CGI monster baby? Montage of staring at that baby? “You named my daughter after the Loch Ness Monster?”

3. Cats: You haven’t truly lived if you haven’t seen this glorious, glorious disaster.

4. Jupiter Ascending: Please, please, please do yourself the favour of looking this up. Channing Tatum is a genetically modified angel dog-man. No, really, I’m serious.

5. Fifty Shades trilogy: I love Dakota Johnson just like any sane person would, but these movies are so bad that they’re a riot.

6. Riverdale: Specifically, the musical episode. More specifically, the first musical episode. Overall, this is the kind of absurdity that you can’t laugh about.

7. He’s All That: Think of every Disney original movie cliché from the early 2000s, then the things only 90s romcoms could do sincerely, and then add Addison Rae; this is the result. The kind of cringe only laughter can pull you through from start to finish!

8. After: It’s funny because it’s awful. That’s all I have to say.

9. The Kissing Booth: Two possible articles for this movie: why it’s so bad it’s funny and why this is yet another display of toxic romance we shouldn’t be glorifying.

10. All or Nothing: Not to crush any Leafans fans, but…spoiler alert: they get nothing!

FANFICS + DRAWINGS = WEBTOON

Lara Fakhoury
Staff Writer

If you are looking for stories with great storytelling and an entertaining way to read them, webcomics are the next best thing. Ever since stumbling upon webcomics in high school, I’ve been reading them every day, looking forward to the weekly updates right after finishing an episode.

Webtoon is the app I use to read webcomics. You can find hundreds of stories of all genres with diverse art styles, and it’s a great way to support small creators whose stories you’ll fall in love with. The app is free, and most creators on it update their comics weekly. Think of it as the illustrated version of Wattpad!

The first webcomic I read was Siren’s Lament by Instantmiso, a story about a florist who gets a sea curse that reveals a secret that threatens her mundane life and love life. I was hooked from the first episode until the last one, four years later.

SQUID GAME

Vanessa Marion
Editor-in-Chief

By now I’m sure you’ve heard the name, Squid Game. Now the most streamed series on Netflix, amassing a whopping 142 million viewers in just a few short weeks, nobody can seem to shut up about this South Korean survival drama.

It’s concept has been done before, we can see similar themes in works such as Battle Royale, Cube, As the Gods Will, and even The Hunger Games. However, writer and director Hwang Dong-hyuk creates a compelling and gripping take on the trope.

How is the show set up? We follow a divorced, gambling addicted father named Seong Gi-Hun. He is living with his mother, is in crippling debt, and is at risk of losing his daughter. This ultimately leads to his enrollment in the games. The winner of the game has to chance to be awarded up to 45.6 billion won, equivalent to 47 million Canadian dollars. The game has 456 players, for each player who is eliminated 100 million won is added to the prize money. We follow a multitude of contestants playing the children’s games - to the death. All of the contestants have been targeted due to their insurmountable debt. Throughout the series, connections are formed between players, secrets are revealed about how the games are run, and we watch our favourite players face death.

There are also an immeasurable amount of guards with different rankings who are tasked with shooting the players, disposing of the remains, and ruling who is eliminated from the prize money.

There are so many gripping factors to this show a measly 250 words doesn’t even begin to cover it. The themes of capitalism, poverty, and the human instinct will have you pondering for days. What I suggest - watch it for yourself and see what the hype is about.

CIRCE BY MADELINE MILLER

Angelie Grondin-Lumba
Staff Writer

John Abbott’s very own book club just concluded our first novel of the semester: the mythical tale Circe, about a flawed yet compelling Greek goddess!

Madeline Miller’s revival of the famous witch from Homer’s Odyssey paints the sorceress in a refreshing new light.

With a dignified origin and fitting end, Circe’s story is beautifully written to show her untold tribulations and struggles with being immortal. Homer’s epic tale features the island of Alaiha, where the goddess harbors Odysseus and his depleting crew for a year during their decade-long journey back home. Going beyond her own memorable tale in this enchanting historical/fantasy fiction.

Greek gods are sworn to be superior to mortals, yet they embody human imperfections like wrath and jealousy. Circe is no different, and though she is the daughter of a titan, her adventures in exploring mortality and emotions exhibits a familiar humanity. What makes the goddess so interesting is the way she carries her insecurities and how they manifest into her true powers.

Beginning as the “underdog”, the empowering and inspirational narrative is shocking in the most pleasant of ways. Regardless of being divine, Circe is relatable and represented in such a simple and admirable manner.

Whether you’re a fan of Greek mythology, witchcraft, or an enchanting tale, Circe is the perfect book to curl up with on a rainy day!

On Webtoon there’s a story for everyone: hopeless romantics who are suckers for enemies to lovers, action seekers, and daydreamers who escape to worlds beyond ours. My recommendations for hopeless romantics! Subzero, about a marriage of convenience between opposing empires. For action seekers, try Wind Breaker, where a group of teenagers compete in a bicycle tournament with gasp-worthy twists. And finally, for daydreamers, there’s Always Human, a cute love story set in a dystopian world.

Get the app, click a story, and scroll away!

Source: Pixabay

Source: Pixabay

THURSDAY, OCTOBER 21ST, 2021 | VOLUME 51, ISSUE 4

VISIT BANDERSNATCH.CA
**UNBLOCK ME**

Elizabeth Tulli  
Student Life Editor

Are you a fan of brain games? Would you like to take a break from action-packed games? Or perhaps you’re looking for a fun game to play in your free time? Then you’re reading the right article! It is with my pleasure to introduce you to my comfort game, *Unblock Me*, a classic and relaxing puzzle game, which is available on both the App Store and Google Play Store.

The premise of the puzzle game is to set the red block free from the square board by sliding the other blocks. Some features include deleting a move, restarting, and hints. However, as like any game, each puzzle gradually becomes harder and harder. I promise that *Unblock Me* can be quite addicting, and you may find that you spend hours solving puzzles after puzzle. *Unblock Unblock Me, folks!*

I promise that *Unblock Me* can be quite addicting, and you may find that you spend hours solving puzzles after puzzle. *Unblock Unblock Me, folks!*

**A DREADFUL RETURN**

Logan Macdonald  
Procrastinator Editor

After over 15 years of waiting, *Metroid* fans can finally sink their teeth into the final mainline game in the series, *Metroid Dread*. Was the wait worth it?

*Metroid Dread* brings the franchise back to its roots, but this time in more than just 16 bits. This game looks so good! From the moment you set foot on Planet ZDR, the visuals during gameplay are really striking and gorgeous. The lighting is incredible, and the shine on Samus’ Power Suit reacts to every light source in different ways. This is how everything in the game reacts to light sources, including Samus’ beam weapons, which is an awesome attention to detail.

However, the visuals mean nothing if the gameplay isn’t enjoyable, and thankfully, from the beginning, the gameplay never gets boring. From the beginning, Samus’ movement is fast, smooth, responsive, and after about 25 minutes of playing, her moves will feel like second nature. Samus’ new slide move somewhat replaces the series staple original free, intermediate, advanced, and expert. This mode is ideal to play if you want to solve puzzles at your own pace, but that doesn’t mean the puzzles are easy. For instance, you may find that the puzzles require you to stare at all the blocks and decide which ones should move. And once you get more comfortable with the game, then try out the Challenge and Daily modes! Both modes have a limited amount of moves that can be taken and unmovable blocks placed on the board.

I promise that *Unblock Me* can be quite addicting, and you may find that you spend hours solving puzzles after puzzle. *Unblock Unblock Me, folks!*

**DEATHLOOP REVIEW**

Samuel Spaulding  
Staff Writer

Developed by Arkane Studios, *Deathloop* is a first-person action-adventure game where you play as Colt. As Colt you adventure across the island of Blackreef, uncovering the island’s mysteries and breaking a time loop that resets at the end of each day.

When you start *Deathloop*, you will be equipped with pretty much nothing. As you continue, you discover weapons and upgrades for Colt. You’ll encounter The Eternalists: those who protect the loop. The Eternalists are your typical bad guys at the start of the game. They are rather dangerous as they can call for backup, and they often have sentry turrets ready for your head. At times, you will also be hunted down by Juliana, who can be controlled by another player, and she will come to ruin your day, which makes fights with her fun and unique. While the game isn’t open world, the areas you visit will have you search for clues that will help you on your next playthroughs. I like to think of it as a virtual escape room. Although this can get annoying and repetitive, it helps build up memory of the locations you need to visit, and you will adapt to the surrounding areas and obstacles. You may also find something new each time you visit.

*Deathloop* relies on first-person action, it helps make the world feel interesting and exciting to explore, even if it seems repetitive. I’d recommend this game to those who enjoy first-person shooting and rogue-like games. *Deathloop* is available on PS5 and PC.

**WHAT IS STEAM?**

Vanessa Marion  
Editor-in-Chief

Are you new to gaming or want to start? *Steam* is the application for you! It is downloadable on Windows, macOS, Android, IOS and Linux. It is the perfect solution for those who don’t want to buy an expensive gaming console. Creating an account is free, and they have a variety of free games to choose from. You can also buy games, many of which are also offered to consoles.

*Steam* was created in September of 2003 by Valve software. It didn’t start off on a strong note. Initially, gamers would buy the game disk, which then could be downloaded, creating their own video game library. This facilitated gaming as there was no longer a need to bring around the discs. However, if this was done the game could not be shared, and therefore was not popular amongst players.

The introduction of the game *Half-Life 2* launched *Steam* into recognition. As you needed to have a Steam account to play it, it attracted a new and wider audience. By 2005, it became established enough to begin competing with larger video game retailers. Soon with the addition of friends, chat, and added incentives more and more gamers began using *Steam*.

With 62.6 million daily users, it is the largest digital distribution for PC games. You can find notable games such as *Dota 2*, *Grand Theft Auto V*, *Terraria*, and more. Download it today and see if any games catch your attention!
This year’s playoffs was quite the rollercoaster to watch as our city team was ever so close to winning the Stanley Cup against the Tampa Bay Lightnings. Some contracts ended, some extended, and some were added. Here is who the Habs got and lost since the 2021 playoffs.

Fan favorites Cole Caufield, Brendan Gallagher, Josh Anderson are still in the Habs with Nick Suzuki’s contract extended to eight years, Jake Evans’ and Arber Xhekaj’s contract extending to three years. David Savard from the Tampa Bay Lightnings, a defenseman, signed a four-year contract with the team, said to be a strong shot-blocker.

Carey Price isn’t able to play in this year’s regular season due to recovery from a knee surgery in late July and personal reasons. Samuel Montembeault from the Florida Panthers and backup goaltender Jake Allens will be the goaltenders for this season.

Shea Weber, the captain of the team since 2018, also had to step aside from the season from foot, knee, and ankle injuries. Jesperi Kotkaniemi left the team right after the playoffs.

A controversial addition to the Habs is Logan Mailloux from Sweden. He is a good a gaming speed and his big frame, but these don’t make up his case sexual assault - him filming a woman without her consent, and his lack of strong decision-making skills on ice.

With old and new players, we just have to wait and see how they all work together on the ice before next year’s playoffs.

WEEKEND GAMES FOR THE ISLANDERS

Vanessa Marion
Editor-in-Chief

Friday Oct 22nd:

Women’s hockey against Limolion @ John Abbott (20h30)

Women’s soccer @ Sainte-Foy (21h15)

Saturday Oct 23rd:

Football @ Montmorency (13h00)

Lacrosse vs. Lennoxville (13h00)

Baseball semi-final against Edouard-Montpetit in Drummondville (13h00)

Baseball final against TBD in Drummondville (17h00)

Sunday Oct 24th:

Women’s hockey @ Saint-Laurent (12h30)
WATCHING FILMS... I GOTTA CHILLAX

Lara Fakhoury
Staff Writer

As an ALC student, I’ve taken classes in all four disciplines: media, languages, literature, and theatre. Each ALC concentration class has added to and changed my perspective on everything art-related: paintings, music, novels, architecture, and much more. Recently, I have noticed that my experience while watching movies and TV shows has changed drastically, and not in the best way.

Ever since I took a film studies class in my second semester, I have never watched a movie the same way ever again. As soon as I press play on a movie, my eyes criticize the cinematography and my ears judge the sound editing. I have to analyze the colour scheme, transitions between scenes, filters, set design, acting, Foley art, and camera work. Like an uncontrollable critic in my mind that always has something to point out, I call it “The Gordon Ramsay of Movies”. In no way am I saying the classes I took were bad classes, but they did do damage to the way I want to enjoy a film. I try to suppress the mistakes I see in a movie, but it irks me to ignore it, like an itch.

I remember watching “The Hitman’s Wife’s Bodyguard” with my friends, walking out of the theatre, and ranting to them about the great choreography of the fight scenes, the clean transitions, the chemistry between actors, and the well-written script and dialogue. They looked at me like I was a lunatic scientist. Knowledge comes at a price, right?

Source: Pexels

AGREE OR DISAPPEAR
Cancel Culture

Connor Patrick Ronney
Staff Writer

Notice how there is no disagree option in the title. That is because, nowadays, that option is seldom available. Our society has been hijacked by the alt-left that have no tolerance for those who stand against them, despite framing themselves as being the most tolerant. If you dare stand against their ideology, you are at risk of being cancelled. Cancel culture is used to take away an individual’s platform and/or career. Basically, it is used to take away a person’s voice and ruin their life. Censoring those who disagree with some of these ideologies is a dangerous road. For an opinion to be valid, one needs to know both sides of the issue. Censoring the other side simply leads to bias. I do not care what your political affiliations are, if you are only looking for why you are right and not why you might be wrong, you are not seeking truth. You are seeking validation.

I must acknowledge that cancel culture has had its moments, such as the cancellation of Harvey Weinstein and Bill Cosby. However, there is a clear distinction between what those awful men were cancelled for and the current standard for being cancelled. The current standard seems to be saying something that is not progressive—whether it be a joke or not.

The state of comedy these days is sickening because it has been crippled by political correctness. Those few comedians who resist political correctness culture are constantly in hot water. One recent example is Dave Chapelle who has been accused of transphobia after his most recent special “The Closer” for making jokes about the trans community. These accusations are ridiculous to anyone that actually watched the special due to the fact that he expressed his support for the community. Interesting how he made jokes involving white people, Jews, and women, but that’s fine. And this is just jokes.

When it comes to real life, these extremists are even less forgiving. If your political views are not deemed progressive enough, they are offensive and thus, bad. Which has discouraged many from voicing their concerns with these ideas for fear of being labeled a racist or sexist or a homophobe. What surprises me is that the most common reaction that I have witnessed to those voicing concerns is not “you’re wrong” or “I disagree”, it’s “you can’t say that”. The truth is everyone is entitled to their opinion and should not need to fear for their livelihoods because of it, which gives you the right to disagree with the contents of this article. However, if you are entitled to that opinion then those who agree with it are entitled to theirs and should not be persecuted for it.

Opinions expressed by authors throughout each issue do not necessarily reflect the views and/or beliefs of Bandersnatch Newspaper.
COLD AND LONELY PLUTO

Daniel Ishshim
Contributor

We have been looking at the stars and planets since the dawn of time. The ancient Babylonians identified some planets as early as the 2nd millennium B.C. In recent centuries, we have come to understand and explore more of our universe. We looked farther and farther into the depths of our own universe and conceived models of these observations.

This brings us to Pluto, first theorized in 1906 by the astronomer Percival Lowell. While observing the orbits of Uranus and Neptune, he noticed anomalies caused by the gravity of another celestial body. He concluded that it must be a 9th planet that he named "Planet X," and he looked for it until his death in 1916. His efforts were not in vain because in 1930, 14 years later, it was discovered by an astronomer named Clyde W. Tombaugh in the observatory that Lowell had created. When it came time to finally name this new planet, they settled on the name that was suggested by a 11-year-old girl named Venetia Burney from the city of Oxford, England. It’s the name of the Roman god of death, a fitting name for the farthest orbiting planet at the time, being 40 times farther than the Earth from the Sun. In addition, its first two letters are the initials of Percival Lowell, a nice reminder of the astronomer’s work and vision.

However, Pluto didn’t keep its title as farthest orbiting planet for very long. First, it crossed Neptune’s orbit in 1979, making it closer to Earth than the latter for 20 years until 1999, when it crossed Neptune again. In 2006, the International Astronomical Union adopted a new definition for planets which included 3 criteria, and Pluto failed to meet one of them. To be considered a planet by this institution, the celestial body in question must orbit the sun, have a round shape, and have cleared its orbit. That last one is the one that Pluto doesn’t pass. Clearing its orbit just means not having any other celestial body of similar size in that orbit. This happens naturally over time with planets. They will eventually interact with the other objects in their path and either merge with them (collide), render them into a satellite (a moon), or simply push them out of the orbit. In Pluto’s case, this hasn’t occurred yet. It shares its orbit with many objects from the nearby Kuiper Belt. A new category was then created: dwarf planets. So, Pluto left the planets and ceded its spot to Neptune.

Another important event in 2006 was the launch of NASA’s “New Horizons”. The hope with this probe was for us to finally discover more about this distant and mysterious dwarf planet, and we did. In 2015, after 9 years of travel, we got our first clear images of Pluto. As it got closer and closer, we got more and more information about its atmosphere and surface. Most of our current known information about Pluto comes from the “New Horizons” mission.

NATURAL LIGHT AND PRODUCTIVITY

Jixin Chen
Contributor

The sun is the most abundant source of energy on Earth. Natural sunlight is the most basic source of energy in nature and can help us in ways that we may not expect. Unfortunately, many of us do not have access to quality light at the appropriate times. This article outlines the effects of natural light on our health and its effects on our biological clock.

Natural light has positive effects on our physical and psychological wellbeing. As college students, we need access to quality study spaces. Generally, we pay more attention to the quietness of the area. However, this may not be sufficient. Factors that may seem trivial, like the type of lighting used may also aid in focus. A study regarding office lighting temperature found that fluorescent light sources that have a similar temperature to natural sunlight increased productivity, alertness, and mental health of office workers. This improvement was observed after only 7 weeks (Mills, 2017). The benefit of natural light is not purely psychological. Since natural sunlight contains UVB radiation, it enables our bodies to produce Vitamin D (Mead, 2008). Vitamin D is responsible for many metabolic and neuromuscular functions. Thus, simply being in the sun can improve one’s physical and mental health.

When we receive sunlight is also extremely important to our bodies. Natural light is integral to the body’s circadian rhythm. The circadian rhythm is a “biological clock” that governs the cycle of hormones, eating habits, and most noticeably, our sleep schedules.

Usually, we take the presence of sunlight as a signal to awake and productive, while darkness is the cue for rest and recharge. The circadian rhythm is controlled by a part of the brain known as the hypothalamus and receives its input from the eyes. For example, darkness stimulates the hypothalamus to signal the release of the sleep hormone melatonin during the night (NIGMS 2021). Having a sleep schedule in sync with the day-night cycle increases productivity during the day and improves the quality of rest during the night. Unfortunately, disruptions such as digital screens, which simulate sunlight and the lack of natural lighting in workspaces can disturb the natural sleep-wake cycle.

There are a few options to have a better exposure to natural light at the appropriate times. Simply moving your desk to a room that has a window can improve productivity and alertness during the day. You may also use high correlated colour temperature lights such as 17000 Kelvin fluorescent lights. If you would like to study on campus, you can prioritize study areas with access to large windows. I would personally recommend the far end of the library from the entrance on the floors above ground and the learning centres in AME. Lastly, it is recommended to reduce screen usage during the night. If you must use digital screens, consider using night mode and reduce the brightness of your screen.

As a final note, if you do not have easy access to natural light, it may be a fun project to make and program your own automated lights from scratch that simulates the natural sunlight cycle. Just make sure to not be doing this project at 3 A.M. while chugging Redbull!
GROCERY STORE JOKES
Lara Fakhoury
Staff Writer

Working in a grocery store during a pandemic isn't easy, so I keep these puns and jokes up my sleeves to cheer up my coworkers while working tiring shifts. Feel free to use them on your next grocery trip!
- Lettuce rejoice!
- I don't car-rot about you anymore.
- Orange you glad to see me?
- Why didn't the watermelon and the honeydew get married? Because they cantaloupe.
- You keep raisin' the bar!
- I couldn't relish the fact that you mustard all that strength to ketchup to us during the race.
- Have an egg-cellent day!
- What is the strongest kind of apple? The spartan.
- Please, you must romaine calm.
- Did you see that crazy fruit at the party? Yeah, he was coco-nuts!
- My car wheel broke on the highway. Should've brought asparagus.
- Julie, stop thinking about your ex, you have to let that mango!
- You are so boring. O'live a little!
- That dinner was souper!
- What is the sexiest kind of liquid? Hot sauce.
- I am so not pre-peared for this exam.
- I love this song. Turnip up!
- This concert is my jam!
- How dare you! That was berry rude of you.
- I think banana is sick, he said he wasn't peeling well.
- Come on guys, think! We have to fig-ure out a plan.
Hi! I’m Vanessa Marion, the Editor-in-Chief of the newspaper of John Abbott College, Bandersnatch. You may remember me as the Assistant Editor-in-Chief last year and I’m excited to continue with Bandersnatch Newspaper this semester!

I’m in Arts, Literature and Communications, focusing in theatre, in my third year! Things about me? There isn’t much, I have a cat that I’m obsessed with, I work at Couche Tard, and I’m a Virgo sun, Scorpio moon, Libra rising (if there are any astrology lover out there). I love all things creative: crocheting, knitting, reading, drawing, and more!

I initially joined Bandersnatch with the intention of only writing a few articles, but once I got involved, I couldn’t stop. The freedom to create anything alongside the numerous innovative students at JAC continue to make Bandersnatch an inspiring place.

I want Bandersnatch to be a place for students to express themselves, as well as learn new things! If you are a student of John Abbott and wish to write anything for our newspaper, you can MIO me!

Take care all, and I’ll see you around!

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Hey, everyone! My name is Sophia, and I am thrilled to be your Assistant Editor-in-Chief for Bandersnatch! Being Assistant Editor-in-Chief is a delight for me since I look forward to advancing and promoting Bandersnatch and being at the head of helping deliver interesting and varied content to you, the students of JAC.

For those who don’t know me, this is my second year at JAC, and I am in Sciences. I absolutely love drawing and writing; in fact, I enjoy it so much, I became the Arts Editor for Bandersnatch during the 2020-2021 school year. I also love music and instruments, soccer, and track and field. One day, I hope to become involved in scientific research.

I am looking forward to a fresh semester of working with others to produce new issues of Bandersnatch! One thing I truly love about the newspaper is that it is made by students for students. Anyone who has the desire to share artwork, an opinion, research, or a piece of writing can submit, and I eagerly await to see what kind of amazing content we will receive this semester.

If you see me in the hallways, feel free to say hi, and I hope to see some of you in our meetings!

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HAPPY HALLOWEEN
JOHN ABBOTT STUDENTS!

ENJOY SPOOKY SEASON! STAY SAFE!